

**BROWNSBURG HIGH SCHOOL
ATHLETIC DEPARTMENT**

2009-2010

STUDENT-ATHLETE HANDBOOK



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HOOSIER CROSSROADS CONFERENCE
Established in the Year 2000.

AVON "ORIOLES"
BROWNSBURG "BULLDOGS"
FISHERS "TIGERS"
HAMILTON SOUTHEASTERN "ROYALS"
HARRISON "RAIDERS"

JEFFERSON "BRONCHOS"
MCCUTCHEON "MAVERICKS"
NOBLESVILLE "MILLERS"
WESTFIELD "SHAMROCKS"
ZIONSVILLE "EAGLES"

2009-2010

Student Athlete Handbook

I. INTRODUCTION

The *Student Athlete Handbook* exists in order that athletes and their parents may better understand their responsibilities and rights when an athlete participates in the Brownsburg High School athletic program. It shall be understood that the *Student Handbook* of Brownsburg High School is applicable to all students, including student athletes, and shall have precedent over the *Student Athlete Handbook* should any question arise regarding interpretation of rules.

- A. Organization of Handbook - The handbook is divided into twelve (12) sections. The sections may be located in the handbook in the following order:
1. Section I – Introduction
 2. Section II - Philosophy
 3. Section III - Mission Statement
 4. Section IV - Objectives of Participation
 5. Section V - Student-Athlete Conduct
 6. Section VI - Insurance for Injuries
 7. Section VII - Injuries
 8. Section VIII - Medical Exams
 9. Section IX - College Bound Athletes
 10. Section X - Academic Eligibility
 11. Section XI – Open Facility Workouts
 12. Section XII – Athletic Awards
 13. Section XIII – Detailed Information
 - A. **IHSAA Calendar of First Practices**
 - B. **Parent/Athlete/Coach Relationships**
 - C. **Medical Emergency Form – requires parent(s)/guardian(s) signature and must be returned to your coach before you may begin practicing.**
 - D. **Student Application for Athletic Participation/Notice of Disclosure – requires parent(s)/guardian(s) signature and must be returned to your coach before you may begin practicing.**
 - E. **Parent Consent to Play – requires parent(s)/guardian(s) signature and must be returned to your coach before you may begin practicing.**
- B. Pertinent Points:
1. The principal of the high school has the authority and the responsibility to control the athletic program including staff, participants, and any other individual or organization actively engaged in activities promoting the athletic interests of the Brownsburg High School Athletic Program.
 2. The athletic director is responsible for organizing and administering the athletic program under the supervision of the principal.

NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

Sportsmanship: "Good sportsmanship is viewed by the National Federation as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their role in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship."

II. PHILOSOPHY

The administration and the athletic department agree that competitive athletics and activities are desirable and constitute one of the invaluable heritages of all American youth; That extra-curricular activities are an important and vital part of the American educational system and have great potential to contribute to the sound growth and all-around development of the students;

That the standards and ideals established and practiced will influence greatly the youth, the school, and community; therefore, only the best traditions of good citizenship and conduct will be fostered;

That the program of activities should conform to and be closely and wholly integrated with the administrative policies of the school to the end that there shall be no undue interruptions or interference with the established rules and principles. High school interscholastic athletics will be governed by rules established by the Indiana High School Athletic Association (IHSAA) and by those local regulations developed by Brownsburg Community School Corporation. The principal of the high school has the authority and the responsibility to control the athletic program including staff, participants, and any other individual or organization actively engaged in activities promoting the athletic interests of the Brownsburg High School athletic program;

That the will to win is a natural human trait and entirely desirable, but this urge whether individual or collective, is not to be attained at the price of unfair advantage or gained through violation of established rules and principles;

That the welfare of the students takes precedence over any other interest. That all athletic activities should be school controlled and school directed;

That the athletic department should be a close-knit organization and all sports should be considered in their right perspective with each other and with the rest of the school program;

III. MISSION STATEMENT

The Brownsburg Community School Corporation Athletic Department is committed to creating an environment that not only reflects values such as honesty, respect, responsibility, and pride in every participating student, but also encourages each student to combine opportunity with the effort to achieve his/her potential in athletics and academics.

IV. OBJECTIVES OF PARTICIPATION

- A. To provide a positive image of school athletics for all Brownsburg Community School Corporation students.
- B. To strive always for playing excellence that will produce winning teams within the bounds of good sportsmanship and mental health of the student athlete.
- C. To ensure growth and development that will raise the number of individual participants.
- D. To provide opportunities that will allow the program to serve as a laboratory where students may cope with problems and handle situations similar to those encountered under conditions prevailing in the contemporary world. The laboratory should provide adequate and natural opportunities as follows:
 1. Physical, mental, and emotional growth and development.
 2. Acquisition and development of special skills in activities of each student's choice.
 3. Team play with the development of such commitments as loyalty, cooperation, fair play, and other desirable social traits.
 4. A focus of interests on activity programs for student body, faculty, and community that will generate a feeling of unity.
 5. Achievement of initial goals as set by the school in general and the student as an individual.
 6. Provisions for worthy use of leisure time in later life either as a participant or spectator.
 7. Participation by the most skilled that will enable these individuals to expand possibilities for future vocational pursuits.
- E. To provide a superior program of student activities that includes appropriate activities for every boy and girl.
- F. To provide the opportunity for a student to experience success in any activity he or she selects.
- G. To provide sufficient activities to have an outlet for a wide variety of student interests and abilities.
- H. To provide student activities that offer the greatest benefits for the greatest number of students.
- I. To create a desire to succeed and excel.
- J. To provide for the students' worthy use of leisure time now and in the future.
- K. To develop high ideals of fairness in all human relationships.
- L. To practice self-discipline and emotional maturity in learning to make decisions under pressure.
- M. To be socially competent and operate within a set of rules, thus gaining a respect for the rights of others.
- N. To develop an understanding of the value of activities in a balanced educational process.

V. STUDENT-ATHLETE CONDUCT

As a student athlete at Brownsburg High School, each individual becomes a personal representative of the student body, school, and community. Every student athlete's conduct is under constant scrutiny and evaluation not only during the particular athletic season, but also at all other times, including school vacation periods; therefore, a student athlete's appearance and conduct must be, at all times, beyond reproach. Participation in athletics at Brownsburg High School is viewed as a privilege and not a right; a student athlete is supposed to be a good example as a student, as a citizen, and as an athlete to other students, parents, and community members at Brownsburg and at other communities. Participation on an athletic team at Brownsburg High School is allowed at the discretion of the coach of that team, subject to review by the athletic director and principal, in accord with Indiana law. In addition, an athlete must meet or exceed those rules and regulations set forth by Brownsburg Community School Corporation and the IHSAA.

Students are not only required to avoid the behaviors prohibited in the *Student Athlete Handbook*, but are further required to avoid any behavior that supports or encourages the misconduct of other students. The sanction assigned would be directly related to the nature of the supporting behavior and the violation encouraged by that support.

If a student is not violating the rules, but is present, then he or she could still be implicated in the violations of others. If someone is breaking the rules, a student should walk away, report them, or take whatever steps are necessary to show that he or she is not part of the problem.

With this tremendous responsibility in mind, four general statements of policy regarding rules and regulations are applicable to all student-athletes of Brownsburg Community School Corporation. All athletes will adhere to these rules and regulations. Coaches will enforce all rules and regulations.

- Eligibility requirements established by the Indiana High School Athletic Association must be met and maintained.
- Athletes will meet and maintain standards established by the Brownsburg Community School Corporation herein to be called the *Student Athlete Handbook*.
- Administrators and/or coaches may set guidelines in addition to those standards listed in the *Student Athlete Handbook*. These rules are referred to as "Supplemental Rules".
- The Athletic Council is a group composed of the athletic director or assistant athletic director, principal or assistant principal, and a minimum of three head coaches. The purpose of the council is to act upon any special circumstances that may arise. Included in this area of responsibility, but not limited to, is the hearing of appeals from an athlete regarding his/her conduct, deciding special awards, and imposing penalties for major violations of the rules of the athletic department.

- A. Indiana High School Athletic Association Rules and Brownsburg Community School Corporation Rules: To be eligible to represent your school in interscholastic athletics you:
1. must be a regular bona fide student in good standing in the school you represent; must have enrolled no later than the fifteenth day of the current semester.
 2. must have completed 10 separate days of organized practice in said sport under the direct supervision of the school coaching staff preceding date of participation in interscholastic contests; exceptions based on IHSAA rules only (refers to overlapping seasons).
 3. must have received passing grades at the end of their last grading period in school in at least seventy percent (70%) of the maximum number of full credit subjects (or the equivalent) that a student can take and must be currently enrolled in at least (70%) of the maximum number of full credit subjects (or the equivalent) that a student can take. Semester grades take precedent. (Note: BHS has more stringent requirements.)
 4. must not have reached your twentieth birthday prior to or on the scheduled date of the IHSAA State Finals in a sport.
 5. must have been enrolled in your present high school last semester or at a junior high school from which your high school receives its students:
 - a. unless you are entering the ninth grade for the first time.
 - b. unless you are transferring from a school district or territory with a corresponding bona fide move on the part of your parents.
 - c. unless you are a ward of the court; you are an orphan, you reside with a parent, your former school closed, your former school is not accredited by the state accrediting agency in the state where the school is located, your transfer was pursuant to school board mandate, you attended in error a wrong school, you transferred from a correctional school, you are emancipated, you are a foreign exchange student under an approved CSIET program.
 - d. **NOTE:** You must have been both academically and athletically eligible at the school from which you transferred.
 6. must not have been enrolled in more than 8 consecutive semesters beginning with grade 9.

7. must be an amateur (have not participated under an assumed name; have not accepted money or merchandise directly or indirectly for athletic participation; have not accepted awards, gifts, or honors from colleges or their alumni, have not signed a professional contract).
8. must have had a physical examination (IHSAA Physical Form) between May 1 and your first practice and filed with your principal your completed Consent and Release Certificate, Drug Test Release Form (for fall sports) and Emergency Medical Form. Winter and spring sport athletes will use Drug Test Release Form in the BHS *Student Athlete Handbook*.
9. must not have transferred from one school to another for athletic purposes as a result of undue influence or persuasion by any person or group.
10. must not have received, in recognition of your athletic ability, any award not approved by your principal or the IHSAA.
11. must not accept awards in the form of merchandise, meals, cash, etc.
12. must not participate in an athletic contest during the IHSAA authorized contest season for that sport as an individual or on any team other than their school team. (See Rule 15-1.1a) (Exception for outstanding student-athlete – See Rule 15-1.1c).
13. must not reflect discredit upon your school nor create a disruptive influence on the discipline, good order, moral, or educational environment in your school.
14. students with remaining eligibility must not participate in tryouts or demonstrations of athletic ability as a prospective student-athlete. Graduates should refer to college rules and regulations before participating.
15. must not participate with or against a student enrolled below grade 9.
16. must not, while on a grade 9 junior high team, participate with or against a student enrolled in grade 11 or 12.
17. must, if absent five or more days due to illness or injury, present to your principal written verification from a physician licensed to practice medicine stating that you may participate again. (See Rule 3-11 and 9-14).
18. must not participate in camps, clinics, or schools during the IHSAA authorized contest season. Consult your athletic director for regulations regarding out-of-season and summer.
19. girls shall not be permitted to participate in an IHSAA tournament program for boys when there is an IHSAA tournament program for girls in that sport in which they can qualify as a girls' tournament entrant.

This is only a summary of the rules. Contact your school officials for further information before participating outside of your school.

B. Athletic Handbook Rules - The rules listed in this section are adopted for Brownsburg High School athletes with the intention of promoting citizenship and developing good behavior and positive attitudes. **Note: These rules are in effect year-round.**

1. Attendance and Participation - Athletes who do not attend school the last three periods of the day because of illness are not permitted to practice or participate in contests on that school day. Verified appointments with medical personnel do not affect contest and/or practice eligibility.
2. Attitude - A student athlete shall display exemplary attitude, behavior, and citizenship at all times, not just during a particular athletic season.
3. Lost Equipment - The athlete must return all equipment issued to him/her: If the equipment is lost and/or stolen, the athlete must pay the school the amount required to replace the missing item(s).
4. Quitting a Team - An athlete must remain on the squad (in the sport in which he/she is participating) until the entire schedule has been completed and/or until he/she has been released by the coach. An athlete who quits the team will not receive any awards, nor be permitted to play on a different sport/team in the same season until one of the two criteria above is met-
5. Rebellious Behavior - Insubordination, abusive or critical language, toward anyone, fighting, lack of full cooperation, lack of maximum effort, and harassment and/or intimidation (verbal, written, physical, and/or sexual) are all examples of misconduct which are strictly prohibited.
6. Profanity – A student-athlete shall not use language, which is deemed abusive, offensive, or disrespectful by school personnel. A student-athlete shall not use obscene gestures or conduct, or possess materials that are considered obscene by school personnel.
7. Responsibility - The conduct of all phases of participation in interscholastic activity, including practice sessions, trips to and from athletic contests, and residence away from home for participation in athletic contests, and participation in the contest itself, shall be according to the rules and dictates of the coach and Brownsburg Community School Corporation.
 - a. The head coach of each varsity sport may require that athletes practice or participate in contests on a weekend or vacation day, (never on Sunday). As is the case with each and all sports, athletes who choose to be on a team are expected to make a commitment to their sport, coach, and teammates. This means that athletes are expected to attend all practices and contests and thus meet and fulfill the same requirements as their teammates. While the

- majority of the non-school day practices and/or contests will be at the varsity level, there will upon occasion be instances in which non-varsity athletes will have an attendance obligation. Any penalty, which results from a violation, shall be determined by the grade-level head coach of the sport with approval from the administration.
- b. Off-season Participation Rules – Athletes, who participate on an organized team not school sponsored during the school off-season, must note IHSAA eligibility rules. While coaches are expected to inform their players about the participation rule, it is the athlete's responsibility to know the rule. Ask the athletic director if in doubt.
 - c. Team Travel - Athletes are required to attend and return from any contests via means of the transportation provided by the school. Exceptions may be made only if in the coach's mind a need exists to permit the athlete to travel from the athletic event with his/her parents. The coach must be notified in advance in writing by the parent. At no time will an athlete be approved to drive or to travel with another student. A student riding a fan bus to an athletic event is required to return via the fan bus unless the parent receives approval from the bus supervisor for the student to return home with him/her.
 - d. Removal from Team - Upon occasion it may be necessary to suspend or remove an athlete from a team. In that event the coach of the sport from which the athlete is suspended or dismissed will discuss the matter with the athlete. His/her parents are to be contacted regarding the decision. Depending upon the circumstances, an administrator might be involved in this action.
 - e. Definition of Summer - Summer begins with Monday of Week 49 (June 8, 2009) **or the close of the school year, whichever comes first**, and ends prior to Monday of Week 4 (July 27, 2009) for fall sports and Monday of Week 5 (August 3, 2009) for all other sports.
 - f. Summer Camps/Clinics - For all school-sponsored camps and clinics, and non-school-sponsored camps and clinics for fall sports, attendance must be terminated prior to Monday, Week 4 (July 27, 2009). For non-school-sponsored camps in other sports, attendance must be terminated prior to Monday of Week 5 (August 3, 2009).
 - g. Open Facility Programs and Conditioning Programs – Operation of open facility programs must be terminated prior to Monday of Week 4 (July 27, 2009) for all sports. These programs may resume the first day of school. A conditioning program may be extended through Saturday of Week 4 (July 31, 2009). These programs may resume on the first day of school.
 - h. Moratorium Week - Each member school shall declare an IHSAA moratorium week from June 29, 2009 through July 5, 2009 when no athletic activities, including conditioning, will be conducted. During this seven-day period, there shall be no contact between athletes and coaches. Therefore, there will be no school-sponsored athletic activities or athlete-coach contact during the week of June 29, 2009 through July 5, 2009.
8. Suspension from School - are of two types:
 - a. Out-of-school - The athlete who receives an out-of-school suspension shall not practice and/or participate in athletic contests until the suspension period is complete. For an out-of-school suspension, the time period begins immediately upon being suspended by the administration. The suspension period is completed at the end (12:00 a.m.) of the last day that the suspension is in effect.
 - b. In-school - The athlete who receives an in-school suspension shall not practice and/or participate in athletic contests during the actual suspension time. In-school suspension begins on the day that the student first spends in the suspension room. It is completed at the close of the school day on the last day the athlete serves in suspension.
 9. Practices and/or contests shall be postponed in the event of school closing or early dismissal due to inclement weather. Exceptions require approval by the principal.
 10. School-sponsored athletic activities are never held on a Sunday.
 11. All school rules are in effect at extracurricular activities.

12. CELL PHONES AND CAMERAS:

Cell phones and cameras may **not** be used inside a locker room for any purpose. This means no texting, no calling and obviously no pictures. The use of cell phones, regardless if it has a built-in camera or not, is not permitted in the locker room at any time. **NO EXCEPTIONS TO THE RULE.** This rule applies to all players, managers and coaches (coaches may use a cell phone in their office, not the locker room).

A violation of this rule will result in immediate penalty, which could include dismissal from the team. If a photograph is taken, the matter may be turned over to legal authorities for possible prosecution.

Should an athlete receive a call or text while (s)he is in the locker room, (s)he should take the phone (still in backpack, book bag, gym bag, etc.) out to the hall or outside the building before use. **CAMERAS AND PHONES MAY NOT BE IN USE OR OUT IN VIEW IN THE LOCKER ROOM FOR ANY REASON.**

13. SOCIAL NETWORKING SITES:

Student-athletes are responsible for information contained in written or electronic transmissions (e.g. e-mail) and any information posted on a public domain (e.g. internet, chat room, blogs, Face book, You Tube, My Space). Inappropriate or embarrassing information or pictures should not be posted in any public domain. Student-athletes are not precluded from participation in such online social networks; however, student-athletes should be reminded that they serve as representatives of their team, the athletic program and the Brownsburg Community School Corporation

Texting, tweeting and uses of other social networks to disparage or criticize the team, other students, opponents, coaches or other school personnel is inappropriate behavior and unbecoming of a Brownsburg student-athlete. Any individual identified on a social networking site which depicts illegal or inappropriate behavior, due to the Honor Code or other policy, will be considered in violation and subject to athletic discipline or suspension per policy guidelines.

14. STUDENT DRUG TESTING PROGRAM

Brownsburg Community School Corporation and Brownsburg High School believe that drug and alcohol abuse in the school is a threat to the safety and health of students, faculty, and staff. It jeopardizes the efficiency and the quality of our educational programs. The risks associated with such abuse may include the possibility of impaired judgment, diminished capacity, and deterioration of the organs of the body, addiction, and conditions that substantially inhibit a person from performing to his/her fullest ability. The primary purpose of this program is not intended to be disciplinary or punitive in nature, but to educate our students. Education directs students away from drugs and alcohol abuse and toward a healthy, safe, and drug free life.

The extra-curricular activity (driving to school, athletics, co-curricular activities, clubs or student groups) programs of Brownsburg Schools are an integral part of the school system and the Brownsburg community. The recognized value of extra-curricular participation to a student's personal development has given these activities a high priority in the total school program. All students should be encouraged to participate in extra-curricular programs of the school, but the opportunity for such participation is not an absolute right. It is a privilege offered to students and necessitates that students meet the high standards set by the Brownsburg Community School Corporation. Driving to school is not a right but a privilege granted to students under conditions that include operating the vehicle in a safe and legal manner. One condition set by the school shall be an agreement by the student to submit to testing for the use of drugs and alcohol, if selected, in accordance with the testing program. Every student intending to participate in any extracurricular activity must submit a permission slip at the beginning of the school year or on the first date of enrollment to be eligible for such activities. If the student agrees to participate in the random drug testing program and participates in an extracurricular activity during the school year, the student may not decline to participate in the random drug testing program upon the completion of the season or activity; the student will remain in the random testing pool for the entire year. The program will be applied to all middle school and high school students (6-12), male and female, who participate in extra-curricular activities, and/or who drive to, from, or during school.

15. STUDENT DRUG TESTING "RANDOM TESTING"

It is **MANDATORY** that each student who attends Brownsburg High School sign and return the consent form indicating his/her intentions to participate in co-curricular, extra-curricular activities and/or to drive to school. Failure to comply will result in non-participation and/or no permit being issued. Each student shall be provided with a consent form, which shall be dated and signed by the student, parent or guardian and returned by the announced date or within five days of enrollment. If the student indicated that he/she intends to participate in extra-curricular activities and/or drive to school, it is mandatory for the student to participate in the random drug-testing program at Brownsburg Schools for the entire school year.

The implementation of this program will not affect the policies, practices, or rights of the Brownsburg Schools in dealing with drug and alcohol use where reasonable suspicion is obtained by means other than the random sampling provided within this program.

A chemical test of the student's breath, saliva and/or urine will be conducted at the discretion of the school corporation.

Any attempt or effort by any student to alter a urine sample that has been submitted for drug testing, or that is being submitted for drug testing, will be considered a severe disruption. This includes possession of chemicals identified as agents known to invalidate such tests. The student who produces the urine sample and/or the person(s) who attempted to alter the urine sample will be subject to suspension and/or a recommendation for expulsion. Students will be given a three hour window to provide a urine sample for testing. If the student refuses to provide a urine sample, SAP staff will initiate obtaining a sample using an alternate collection method.

If a student first tests positive in the random testing program, the student's parents will be notified by telephone and receive a certified letter and the student and his/her parents will be required to meet with the Student Assistance

Program staff member for an educational session and to develop a rehabilitative plan. This meeting is to be scheduled within seven days of the school receiving notification of the student's positive test result or arrest. The student or parent should immediately notify the Student Assistance Program staff member, within 24 hours of receiving the phone call, of his/her involvement in school activities or driving to school. Coaches and sponsors will be notified of the student's ineligibility for extracurricular activities. A student-athlete will also be subject to a 10% game penalty in which he/she must not play in the games, but is allowed to observe the game.

The educational session and rehabilitative plan, along with a negative random drug screen, must be completed before the student can resume participation. The student will be prevented from participating in extra curricular activities, conditioning, practices, attending school events (games, dances, club meetings, etc.) and/or rehearsals, and driving to school until a follow-up test is completed with negative results. A student who is suspended from extra curricular activities may still tryout for a sport, with approval of the coach and/or athletic director, upon satisfactory completion of all requirements of the rehabilitative plan. This means a student may miss the scheduled tryouts, but can request to try out upon completing the requirements of the rehabilitative plan. The Medical Review Officer will instruct the Student Assistance Staff regarding an acceptable timeframe to complete the follow up test to indicate a negative result. If this follow-up test is negative, the student will be allowed to resume extra-curricular activities and/or driving privileges.

If a second positive result is obtained from the follow-up test, or any later test of that participant, the student will be prohibited from participating in extra-curricular activities and/or driving to school for one year from the date of the second test. The student's parents will be notified by telephone and receive a certified letter coupled with a written copy of the lab results of the drug test. A meeting with a Student Assistance Program staff member is required to develop another rehabilitative plan, which mandates successful completion of a drug education group (typically ranges from 8-12 hours of instruction). During this period of ineligibility, the student may be required to continue random testing, to determine the student's ability to maintain a drug free lifestyle. Six months after the second violation's penalty is invoked, the student and/or parent shall have the option to contact the Student Assistance Program staff member who will explain the procedure for applying for probationary status. See probationary status for additional information regarding requirements.

A third positive result on a drug test will result in the student being prohibited from participating in extra-curricular activities or from driving to school for the remainder of his/her tenure at Brownsburg Schools. In addition, Brownsburg School Corporation reserves the rights to continue testing at any time during the remaining school year any participating student who tested positive.

A student will also violate this policy by being arrested for involvement with illegal substances or by having police reports filed indicating the student was/has been/is involved with illegal substances. In such instances, after the student has had privileges revoked, he/she will be tested on the next random test date to establish baseline levels. This will be considered a first violation of the policy and the student will be subject to the consequences listed below. However, if the student tests positive, he/she will still be considered as having only one violation. The Medical Review Officer will instruct the Student Assistance Staff regarding an acceptable timeframe to complete the follow up test to indicate a negative result. The student will not receive additional penalties unless the levels increase, which would be considered a second violation. The student may not resume participation in extra curricular activities or drive to school until he/she provides a negative drug test and meets with the Student Assistance Program staff member for an educational session and develop a rehabilitative plan.

C. ATHLETIC HONOR CODE POLICY FOR SUBSTANCE ABUSE:

1. Being a Student-Athlete at Brownsburg High School is both an honor and a privilege. With this privilege comes additional responsibility to model appropriate behavior. Without question, student-athletes are held to a higher standard. This responsibility applies year-around, not just during the athlete's season of participation.
2. Student-athletes must participate in the random drug screening program on a year-around, not just during the athlete's season of participation.
3. Student-athletes would be in violation of the Athletic Honor Code for possession and/or consumption of alcohol, illegal drugs, drugs not prescribed to them, or the use of any form of tobacco product. Student-athletes may not possess, use or be under the influence of any substance which is, or the student-athlete has reason to believe is, or which is represented to be a narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, alcoholic beverage, stimulant, legend drug, depressant, inhalant, or intoxicant of any kind, or any item that closely resembles or is represented to be any of the foregoing items.
4. If a student-athlete is at a party or location where any of these violations are occurring he/she should leave IMMEDIATELY.

D. CONSEQUENCES FOR EACH POLICY VIOLATION AT THE HIGH SCHOOL LEVEL:

1. **FIRST VIOLATION-** The student is not eligible to participate in any extra-curricular or co-curricular activities until the student and his/her parents have met with the Student Assistance Program staff member and completed all requirements of the rehabilitative plan. This includes a following all recommendations of a substance abuse evaluation by a community agency and a negative follow up test for all substances. The evaluation and initiation of the recommendations must be completed within 30 days of the meeting with the Student Assistance Program staff member. As an athlete, he/she will also be subject to a 10% game suspension penalty.
2. **SECOND VIOLATION-** The student is not eligible to participate in any extra-curricular or co-curricular activities for one year from the violation date. The student and his/her parents must meet with the Student Assistance Program staff member to discuss the rehabilitative plan requirements and successfully complete them. In addition to completing a substance abuse evaluation, the student must successfully complete a drug education or outpatient program. The student also agrees to random testing throughout the year and must test negative to regain eligibility. These students are also eligible to apply for probationary status between 7 ½ and 8 months from violating this policy. See probationary status guidelines.
3. **THIRD VIOLATION-** The student is not eligible to participate in any extra-curricular or co-curricular activities for the remainder of their time in Brownsburg Community School Corporation.

**All substance violations including drugs, alcohol, and tobacco are cumulative over the high school years. This includes all positive drug test results that were conducted for random testing, positive drug tests for reasonable suspicion, violations in the tobacco use policy and/or arrests and convictions involving drugs, alcohol, and tobacco from community violations..

Probationary Status:

The terms of the probationary status will be as follows:

- a. Between seven months and seven and one half months after the second violation's penalty is invoked, the student will be called to school for a random drug test which he/she must pass.
- b. The student will complete an application which will detail his/her desire to obtain probationary status and will agree to participate in increased random drug tests between the eighth and twelfth month following the invocation of the second violation penalty.
- c. The completed application with the initial drug test attached must be turned in to the Student Assistance Program staff member no later than seven and one half months following the invocation of the second violation penalty. The principal and Student Assistance Program staff member will make the determination on probationary status eligibility. If the student is placed on probationary status, the coach or sponsor will have the determination as to actual participation. This eligibility and participation would begin eight months after the second violation penalty was invoked and will last until the one-year anniversary of the second penalty.
- d. Also attached to the application must be a non-refundable payment in full for all drug tests, which will be done during the probationary period. At the initial conference the Student Assistance Program staff member will inform the student as to the amount of that payment.
- e. Students who do not complete the application process for probationary status by eight (8) months following the date of the invocation of the penalty for a second violation will remain ineligible for extra-curricular activities and driving for the remainder of the twelve-month period.
- f. Students who apply for probation and who fail the drug test or who are granted probationary status and then fail a drug test will be considered to have failed their third test and will be ineligible for extracurricular activities and driving to or from school for the remainder of their time at Brownsburg High School.

E. General Provisions (rules provided for the purpose of governing those athletes relative to substance abuse).

1. Rules regarding substance abuse violations are in effect year round; that is off-season and summer as well as in season.
2. If the violation occurs while the athlete is out of season, the suspension will be served in the next season the athlete has established prior participation (i.e. received a BHS letter or participation points). Freshmen athletes will have the opportunity to establish participation in any sport. In all cases, the athlete will not be allowed to circumvent the rule and must finish the season in which the suspension occurred in good standing.
3. Substance abuse violations that occur during an athlete's high school years are not erasable as they relate to subsequent violations. All are counted and are erasable only when an athlete graduates from BHS.
4. The rehabilitative process begins immediately after reasonable suspicion or confirmation, if the violation occurs during a vacation or summer, the rehabilitative process will begin as soon as possible.

5. Nothing in this policy shall be construed to require the school corporation to follow the provisions of the Process and Pupil Discipline Statute (IC 20-8.1-5) in removing a student from participation in any extra-curricular activity.
6. Controlled Substance is any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, steroid, tobacco product, mood-altering chemical, intoxicant of any kind including alcoholic beverages. Such terms include marijuana and any other chemical, substance or drug look-a-likes whether in fact such substance actually is a controlled substance.
7. Being excluded from extra-curricular activities for an athlete means no practice, team conditioning/weight lifting or contest participation.

F. Felonies, Misdemeanors, Acts of Delinquency, and Other Acts of Behavior Which Reflect Discredit Upon the School

A student may be suspended from athletics for the use of violence, force, coercion, threat, intimidation, passive resistance, or other conduct constituting an interference with the athletic program. He/she may be suspended for urging other students to engage in the above conduct. Damage or theft involving school and/or private property, intentionally causing bodily harm to fellow students or school employees, intimidating any student, possessing weapons, violation of local, state, or federal law, or failing in a substantial number of instances to comply with the directions of coaches and/or rules of the athletic program and the school are all grounds for suspension.

An athlete arrested, or detained, as a juvenile on such charges will be suspended from participation pending investigation of the incident. The consequences for the above mentioned violations will be immediate suspension from the team. The length of the suspension, if the student athlete is found to be in violation, will be determined by the Athletic Council but in any case shall be for a minimum of 10% of the maximum games allowed by IHSAA policy for the sport in which he/she is currently participating

In addition, he/she may be referred to the Substance Abuse Coordinator with the understanding that the athlete will submit to a drug test. If the test shows positive, he/she will follow all tenets of the Random Testing Program that apply to a student testing positive. If the non-participation time is different, the athlete must adhere to the longer non-participation requirement.

- G. Supplemental Rules - In the interest of fairness athletic policies should be applied to all athletes in all sports. While those rules listed in the *Student Athlete Handbook* are applicable to all athletes, each varsity or grade level head coach may desire and even need to establish some additional rules that are needed in order to make his/her sport function more smoothly. These rules are not to supersede the departmental rules or school rules but are to be viewed as supplemental in nature.
- H. Conference Process - A suspended or team-dismissed athlete and his/her parent(s) are entitled to understand the decision for imposing a penalty. Procedures are in place to ensure this information is made accessible to those athletes and/or parents who wish to discuss the matter in a conference setting.
 1. The conference must be requested within five days after the athlete is notified of his/her suspension or dismissal from the team.
 2. Following the conference the athletic council review committee will decide to support the suspension or team dismissal, modify the suspension or dismissal, or to declare the suspension or dismissal invalid.
 3. If the parent or athlete disagrees with the decision of the committee concerning a suspension or team dismissal following a conference with the athletic council review committee, the athlete and his/her parent(s) may request a meeting with the building level principal. The principal's decision is final and binding.

VI. INSURANCE FOR INJURIES

In order to eliminate any confusion relative to athletic injuries, expenses, and insurance, please note the following:

- A. Brownsburg Community School Corporation expects each athlete to have accident coverage before participating in athletics.
- B. Brownsburg Community School Corporation will not pay any injury-related expense sustained by athletic participants.
- C. All Brownsburg Community School Corporation students may enroll in the "School Accident Protection For Your Children" insurance plan used by the school corporation. School insurance is made available at the beginning of school to all students.
- D. Grade nine (9) students who participate in interscholastic football are eligible to enroll in the regular school accident insurance plan for a fee (cost may increase); those football players enrolled in grades 10-12 must pay a special fee (cost may increase) in order to receive the school insurance accident coverage that applies to football injuries.
- E. The IHSAA purchases a Catastrophic Insurance policy that covers all athletes participating in IHSAA sports. (This does not include cheerleading.) However, this policy is excess insurance and pays up to \$1,000,000, (amount may increase) only after the athlete's insurance has paid the maximum amount. It should be noted that neither the Brownsburg Community School Corporation, nor the IHSAA carries any kind of "first dollar" athletic insurance.

VII. INJURIES

Brownsburg Community School Corporation employs a full-time certified/licensed athletic trainer. An athletic trainer is an allied health professional who specializes in the prevention, evaluation, treatment and rehabilitation of athletic injuries and related conditions. Any athlete who is injured should immediately report the injury to his/her coach and to the athletic trainer even if medical attention is not sought. In the event the athletic trainer is not immediately available, apply ice to the injury. **Never** at any time apply heat to a new injury.

- A. The athletic trainer is available after school during athletic practices and most home athletic events. If not on site, a coach can call the athletic trainer via cell phone.
- C. The IHSAA and Brownsburg High School eligibility rules require that any athlete who misses five (5) or more consecutive days of school or activity due to injury or illness must have a signed physician's note before returning to athletic participation. In addition, when a student-athlete misses more than five (5) days of athletic activity due to injury or illness, the athlete must complete four (4) separate days of practice before he/she is permitted to return to competition. If the student-athlete misses more than ten (10) days of athletic activity due to injury or illness, he/she will be required to complete a minimum of six (6) separate days of practice before he/she is permitted to return to competition.
- D. If an athlete and/or parent have been unsuccessful in discussing an injury or concern with the athletic trainer, call the Assistant Athletic Director at 852-2258 ext. 1083 to set up an appointment.

VIII. MEDICAL EXAMS

Before participation in athletic practice and/or games, an athlete must have on file in the athletic directors' office an "IHSAA Physical Form" – as well as all other required forms. The form must be signed by a physician to indicate fitness for play. In addition, the legal guardian must sign indicating consent is given for participation. While the athletic department will schedule exams during summer vacation, an athlete may get the physical from any doctor of choice.

IX. COLLEGE BOUND ATHLETES

Those athletes who will eventually participate on the college level need to meet N.C.A.A. guidelines as they relate to recruiting and eligibility. A copy of the N.C.A.A. guide for the college bound student-athlete is available to the athlete online at www.ncaa.org. See your BHS guidance counselor for assistance.

X. ACADEMIC ELIGIBILITY

This section of the handbook contains information that is pertinent only to the high school student in athletics.

- A. Academic Eligibility - In order to participate in athletics a student must be in good standing with the school academically. This means to participate in extra-curricular contests a student must meet the IHSAA standard of passing at least 70% of the classes at the end of each nine weeks and the semester. If a student does not meet these standards he/she will not participate in extra-curricular contests during the next nine weeks grading period. Students not academically eligible **are** permitted to practice.

A student not meeting these standards during the last nine weeks and semester of a school year will not participate in extra-curricular contests during the first nine weeks of the next school year except under the following limited conditions:
 1. Fourth nine week failure but passes the course for the second semester: Student must pass a Brownsburg High School approved summer school course in a subject for which he/she has not previously received credit.
 2. Second semester failure but passes the fourth nine weeks grading period: Student must retake the class and pass. The course must be a Brownsburg High School approved summer school course.
 3. Second semester failure and nine week failure in the same course: Student must retake the class and pass. The course must be a Brownsburg High School approved summer school course.
- B. Academic Suspension (2.0 GPA Minimum) – The Brownsburg Community School Corporation believes that a student-athlete's education should be their top priority and therefore, requires that a student participating in athletics carry a 2.0 GPA. While the athlete is technically academically eligible (by IHSAA standards) he/she will be suspended from participation in extra-curricular contests until the student demonstrates a 2.0 GPA at the end of the grading period, or until academic probation is granted. (See Academic Probation below.)

A student not meeting the 2.0 GPA standards during the last nine weeks of a school year will not participate in extra-curricular contests during the first nine weeks of the next school year except under the following limited conditions:

1. If a student-athlete does not meet the 2.0 GPA average, he/she may enroll in an approved summer school course in which he/she has not previously received credit. The combined GPA of the fourth nine and the summer course must meet the 2.0 GPA average threshold.
2. Students that have been suspended from contest competition, due to the 2.0 GPA rule, are permitted to practice.

C. Academic Probation – If a student-athlete meets the IHSAA standard, as outline above, yet is below the corporation’s required 2.0 GPA, he/she may apply for Academic Probation at any point after three weeks of the current grading period is complete). **This probationary status shall not be granted to any student more than two (2) times during the four (4) years the student is enrolled in Brownsburg High School.** To qualify for probationary status a student-athlete must meet the following four conditions:

1. Have remained with the team during the first three weeks of academic ineligibility, missing practices and games for academic reasons only.
2. Apply for academic probation on the appropriate form (including documentation of grades for all enrolled classes).
3. Earned an academic grade average of 2.25 GPA or greater at the time of application.
4. Attend two BHS athletic study table sessions (30 minutes each) per week during the probationary period.

D. Athletic Department Study Table:

1. In-Season-Athletes: Any student earning a grade below a "C-" in any one class will be required to attend a MINIMUM of two Athletic Department Study Table help sessions per week.
2. Out-of-Season Athletes: Coaches will monitor their athletes’ grades and let them know they are keeping an eye on their academic progress. Coaches will strongly encourage attendance at the Athletic Department Study Table sessions

XI. OPEN FACILITY WORKOUTS

The purpose and design of open facility workouts is to improve an athlete’s out of season conditioning, as well as increasing strength, speed, skill and knowledge of a particular sport. These workouts are not viewed as a team practice, but an opportunity for self-improvement. The decision to hold an open facility workout is at the discretion of the head coach and must be approved by the BHS athletic administration in advance.

All athletic teams and coaches will abide by IHSAA guidelines regarding open facility programs. **Open facility workouts are open to all high school students within the corporation. All participants in open facility workouts must be enrolled in the Brownsburg Community School Corporation. Brownsburg athletes may not participate in open facility workouts at other schools per IHSAA policy. Any second semester Brownsburg Middle School eighth grade student may attend open workouts after the eighth grade season of the sport holding the workout has been concluded.** Furthermore, any eight graders in attendance must conclude his/her workout no later than 8:00 p.m. on school nights.

The athletic department encourages attendance by athletes who are not participating members of a team that is in-season at the time of the workout, but stresses that participation is strictly voluntary. Parents are responsible for safe transportation to these workouts and are expected to pick up their children in a timely manner.

IHSAA Definitions Regarding Open Facility Programs:

The IHSAA definitions of athletic participation include three periods of time. They are: In School – In Season; In School – Out of Season; and Summer participation.

1. Open Facility Program (In school – out of season):

An open facility program is a program in which the gymnasium, playing field or other school facilities are open to all students for participation. Specific equipment related to a particular sport, i.e. balls, goals, nets, etc., may be used.

- a. **Open facility sessions for a particular sport may be conducted three times per week (maximum).** However, they may be held more frequently within one month of the date of the official first practice in that sport.
- b. Member school coaches may supervise the program, communicate with students and offer correction provided that:
 - (1) they do not organize teams or assign individuals to teams;
 - (2) the program is open to all students of the member school;
 - (3) attendance and participation is voluntary and not required by the member school coach for membership on a team.
 - (4) the coaching staff may offer instruction and work directly with a maximum of two athletes at a time. (Note: this does not limit the number of athletes at the workout, simply the number that the coach can be working with at any given time.)

2. Open Facility Program (Summer):

Open facility programs in which the gymnasium, playing field or other school facilities are open to all students for participation. Specific equipment related to a particular sport, i.e. balls, goals, nets, etc., may be used.

- a. Member schools may operate open facility programs in which the gymnasium, playing field or other school facilities are open to all students for participation.
- b. Member school coaches may supervise the program, communicate with students and offer correction provided that:
 - (1) the program is open to all students of the member school;
 - (2) attendance and participation is voluntary and not required by the member school coach for membership on a team.
 - (3) Operation of open facility summer programs must be terminated for all sports prior to the final week of July. Open facility programs for out of season sports may resume on the first day of school.

XII. ATHLETIC AWARDS

- A. Athletic Awards - Those athletes who meet all guidelines as described herein will receive an award upon conclusion of the season.
- B. General Requirements to receive awards (all sports):
 1. The athlete must be eligible for awards according to all rules and regulations set forth by the Indiana High School Athletic Association and the BHS *Student Athlete Handbook*.
 2. The athlete must complete the season and maintain good standing throughout the season. The loss of good standing means the athlete will not receive honorary awards for that season(s) in which the violation is penalized.
 3. Injured and/or seasonally ill athletes (must be medically excused) may or may not receive awards. These situations are of two types:
 - a. An athlete who meets all performance and good standing requirements before being injured or becoming seasonally ill can be lettered through the regular process.
 - b. An athlete in good standing who is injured or becomes seasonally ill before meeting performance requirements may or may not letter. In order to award a letter or present a performance award the head coach (if he/she feels the award should be issued) should request a ruling from the athletic council.
- C. Types of Awards – Various types of awards are available to athletes, managers, student athletic trainers, and cheerleaders.
 1. Participation Awards - certificate and points received by athletes for a frosh or reserve level.
 - a. Frosh Award - Two (2) points.
 - b. Reserve Award - Three (3) points.
 2. Letter - A white block "B" will be awarded the first time an athlete meets the requirements. Five (5) points are earned by each athlete who receives a letter. Subsequent letter winners receive only the five (5) points. Athletes (who meet all General Requirements to receive awards; item C) may earn a letter by meeting one or more of the following standards.
 - a. A senior athlete who completes the season in good standing will receive a letter. Seniors shall not compete on a reserve team unless approved by the athletic director for special circumstances.
 - b. An athlete who begins and completes his/her freshman, sophomore, and junior seasons of the same sport in good standing will receive a letter.
 - c. Any athlete winning an individual varsity conference and/or sectional championship and fulfilling all general requirements as they apply, will receive the letter award for that sport.
 - d. Athletes who receive playing time on a sectional champion team (during sectional play) will receive the letter award for that sport.
 4. Performance Awards - In addition to the four methods (described above) of earning a letter, an athlete who meets the general requirements can earn a letter in the sports listed below by equaling or exceeding the minimum standards listed herein: For the purpose of communication these awards are referred to as "performance awards".
 - a. Baseball and Softball - Must play in 25% of the total varsity innings.
 1. Or appear in 25% of total varsity games as a pitcher.
 2. Or subject to coaches opinion as a varsity pinch hitter.
 - b. Basketball (Boys' and Girls') - Must play in 25% of the total varsity quarters.
 - c. Cheerleading - Must complete season as a varsity cheerleader.
 - d. Cross Country (Boys' and Girls') - Must participate in 50% of all varsity meets and be among top seven varsity runners.
 - e. Football - Must participate in 33% of the total varsity quarters.
 - f. Golf (Boys' and Girls') - Must participate in 50% of all varsity meets or have total points among the top eight scores.
 - g. Soccer (Boys' and Girls') - Must participate in 50% of the varsity halves.

- h. Tennis (Boys' and Girls') - Must participate in 50% of the regularly scheduled varsity matches (excluding tournaments).
 - i. Track (Boys' and Girls') - Meet at least one of the criteria listed below:
 - 1. Rank number one or number two in an event.
 - 2. Score 15 or more points in a season.
 - j. Swimming (Boys' and Girls') - Must accumulate an average of three points per varsity meet. This does not include the HCC meet. Divers must average 33% of swimmers total points.
 - k. Volleyball - Must participate in 50% of total varsity matches.
 - l. Wrestling – Must participate in a minimum of 12 matches at the varsity level.
5. Honorary Awards - Awards are given in each sport to those athletes who have earned distinction as being the most outstanding in a category.

a. Fall Awards

- 1. Cross Country (Boys' and Girls')
 - a. Freshman - Sophomore Mileage Champion
 - b. Junior - Senior Mileage Champion
 - c. Most Valuable Runner
 - d. Honorary Captain
 - e. Mental Attitude
 - f. Sportsmanship
- 2. Football
 - a. Most Valuable Offensive Back
 - b. Most Valuable Offensive Lineman
 - c. Most Valuable Defensive Back
 - d. Most Valuable Defensive Lineman
 - e. Most Valuable Defensive Linebacker
 - f. Special Teams Player of the Year
 - o. Team Captain
 - g. Bulldog Award
 - h. Mental Attitude
 - i. Sportsmanship
 - j. Most Improved Player
 - k. Scout Team Player of the Year
 - l. Most Valuable J.V. Player
 - m. Most Valuable Defensive Player, Frosh
 - n. Most Valuable Offensive Player, Frosh
- 3. Golf (Girls')
 - a. Low Medalist
 - b. Second Low Medalist
 - c. Mental Attitude
 - d. Sportsmanship
- 4. Soccer (Boys' and Girls')
 - a. Most Valuable Player
 - b. Leading Scorer
 - c. Most Assists
 - d. Rookie of the Year
 - e. Most Improved
 - f. Best Defensive Player
 - g. Leading Scorer, Reserve
 - h. Best Defensive Player, Reserve
 - i. Mental Attitude
 - j. Sportsmanship

5. Tennis (Boys')
 - a. Most Valuable Player
 - b. Most Improved Player
 - c. Mental Attitude
 - d. Sportsmanship
 - e. Captain
 - f. Most Valuable Player, Reserve
 - g. Mental Attitude, Reserve
 - e. Sportsmanship, Reserve
 - f. Most Improved, Reserve

6. Volleyball
 - a. Best Defensive Player
 - b. Best Offensive Player
 - c. Assists Leader
 - d. Leading Scorer
 - e. Ace Award
 - c. Best Defensive Player, Reserve
 - d. Best Offensive Player, Reserve
 - e. Best Defensive Player, Frosh
 - f. Best Offensive Player, Frosh
 - g. Mental Attitude
 - h. Sportsmanship

B. Winter Awards

1. Basketball (Boys')
 - a. Mental Attitude - Varsity
 - b. Hustle Award - Varsity
 - c. Leading Rebounder - Varsity
 - d. Assists Leader - Varsity
 - e. Best Free Throw Shooter - Varsity
 - f. Leading Rebounder, Reserve
 - g. Best Free Throw Shooter, Reserve
 - h. Mental Attitude, Reserve
 - i. Sportsmanship, Reserve
 - j. Leading Rebounder, Frosh
 - k. Best Free Throw Shooter, Frosh
 - l. Sportsmanship, Frosh
 - m. Mental Attitude, Frosh

2. Basketball (Girls')
 - a. Leading Rebounder – Varsity/JV/Freshman
 - b. Best Free Throw Shooter – Varsity/JV
 - c. Assists Leader – Varsity
 - d. Leading Scorer – Varsity/JV/Freshman
 - e. Defensive Player of the Year – Varsity/JV
 - f. Super Substitute - Varsity
 - g. Bulldog Award - Varsity
 - h. Mental Attitude – Varsity/JV/Freshman

3. Cheerleading
 - a. Most Spirited
 - b. Most Improved
 - c. Most Valuable
 - d. Mental Attitude
 - e. Most Spirited, Reserve
 - f. Mental Attitude, Reserve
 - g. Most Spirited, Frosh
 - h. Mental Attitude, Frosh

5. Swimming (Boys' and Girls)
 - a. Most Valuable
 - b. Most Improved
 - c. Mental Attitude
 - d. Diving Award Winner
 - e. Sportsmanship

6. Wrestling
 - a. Most Valuable Wrestler
 - b. Mental Attitude, Varsity
 - c. Most Pins
 - d. Most Takedowns
 - e. Fastest Pin
 - f. Most Valuable Team Leader
 - g. Most Team Points, Reserve
 - h. Mental Attitude, Reserve
 - i. Most Team Points, Frosh
 - j. Mental Attitude, Frosh
 - k. Sportsmanship, Varsity, Reserve and Frosh

C. Spring Awards

1. Baseball
 - a. Lowest ERA
 - b. Top Fielder, Percentage
 - c. Best Hitter, Average
 - d. Most Valuable Player
 - e. Most Improved
 - d. Mental Attitude
 - e. Real Bulldog Award
 - f. Best Batting Average, Reserve
 - g. Lowest Earned Run Average, Reserve
 - h. Best Fielding Average, Reserve
 - i. Most Valuable Player, Reserve
 - j. Highest Batting Average, Frosh
 - k. Highest Fielding Average, Frosh
 - l. Lowest Earned Run Average, Frosh
 - m. Sportsmanship

2. Golf (Boys')
 - a. 18-Hole Medalist
 - b. 9-Hole Medalist
 - c. Mental Attitude
 - d. Sportsmanship
 - e. Most Improved

3. Softball
 - a. MVP - Pitcher
 - b. MVP - Defense
 - c. MVP - Offense
 - d. Highest Batting Average
 - e. Mental Attitude
 - f. Sportsmanship Award
 - g. Team MVP
 - h. Most Improved
 - i. Top Fielder, Percentage, Reserve
 - j. Best Hitter, Average, Reserve
 - k. Top Fielder, Percentage, Frosh
 - l. Best Hitter, Average, Frosh
 - m. Sportsmanship, Reserve
 - n. Sportsmanship, Frosh

4. Tennis (Girls')
 - a. Most Valuable Player
 - b. Most Improved Player
 - c. Mental Attitude
 - d. Sportsmanship
 - e. Captain
 - f. Most Valuable Player, Reserve
 - g. Mental Attitude, Reserve
 - e. Sportsmanship, Reserve
 - f. Most Improved, Reserve

5. Track (Boys' and Girls')
 - a. Most Improved Athlete
 - b. Most Valuable, Field Events
 - c. Most Valuable, Running Events
 - d. Most Points Scored
 - f. Mental Attitude
 - g. Team Captain
 - h. Sportsmanship

D. General Awards

1. Jacket or Sweater - An athlete who earns the letter is eligible to purchase a purple sweater or jacket. The jacket shall be of the color and design traditionally designated by the school.
2. Gym Bag - 38 points - An award presented to seniors who have earned 38 points.
3. Travel Bag - 47 points - An award presented to seniors at "Senior Night" who have accumulated 47 points or more.
4. Patches - Teams and individuals who have distinguished Brownsburg High School by winning county conference, sectional, regional titles are eligible to purchase such patches through the athletic department. The athletic department shall purchase any state qualifier, state runners-up or state championship patches.
5. Complimentary Pass - awarded to athletes who accumulate participation and letter points:

a. One year	20 points
b. Two years	25 points
c. Three years	30 points
d. Four years	38 points
e. Five years	47 points



XIII. DETAILED INFORMATION

IHSAA Calendar of First Practices

<u>Sport</u>	<u>First Practice Day</u>
A. Fall Sports	
1. Golf (girls')	Friday, July 31, 2009
2. Cross country (boys' & girls')	Monday, August 3, 2009
3. Football	Monday, August 3, 2009
4. Soccer (boys' and girls')	Monday, August 3, 2009
5. Tennis (boys')	Monday, August 3, 2009
6. Volleyball	Monday, August 3, 2009
B. Winter Sports	
1. Basketball (girls')	Monday, October 26, 2009
2. Swimming (girls')	Monday, October 26, 2009
3. Wrestling	Monday, October 26, 2009
4. Basketball (boys')	Monday, November 9, 2009
5. Swimming (boys')	Monday, November 9, 2009
C. Spring Sports	
1. Track (boys' and girls')	Monday, February 15, 2010
2. Softball	Monday, March 8, 2010
3. Baseball	Monday, March 8, 2010
4. Golf (boys')	Monday, March 8, 2010
5. Tennis (girls')	Monday, March 8, 2010



BROWNSBURG HIGH SCHOOL ATHLETIC DEPARTMENT

Parent/Athlete/Coach Relationships and Communications

A. Facts:

- ◇ Parenting and coaching are both extremely difficult vocations.
- ◇ Coaches and parents both want the athletes to have a positive experience as they participate on an athletic team.
- ◇ There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have an understanding of the other's position.
- ◇ Communication is the key to making the positive experience become a reality. Athletes, parents and coaches are all responsible for effective communications.
- ◇ Research indicates a student involved in co-curricular activities has a greater chance for success during adulthood.
- ◇ Many of the character traits required to be a successful participant in athletics, are exactly those that will promote a successful life after high school

B. Communications coaches expect from players:

- ◇ Athletes should express concerns immediately and directly to the coach.
- ◇ Notification of any schedule conflicts well in advance.
- ◇ Specific concerns in regard to a coach's philosophy and/or expectations.

As your children become involved in the athletic programs at BHS, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. These experiences, when well-handled by all, can be excellent "life lessons" for our children. Discussions between the coach and the athlete to reduce frustration are encouraged.

C. Communications parents should expect from the coach:

- ◇ Expectations the coach has for your child as well as all members of the squad.
- ◇ Locations and times of all practices, contests, and meetings.
- ◇ Team requirements, (fees, forms, special equipment, practice packs, off-season conditioning, etc.)
- ◇ Procedure, should your child be injured during participation.
- ◇ Any discipline measures that result in the denial of your child's continued participation on the team.

D. Appropriate concerns to discuss with coaches:

- ◇ Concerns regarding your child's mental and physical status.
- ◇ Ways to help your child improve in the activity.
- ◇ Concerns about your child's behavior.

It is very difficult to accept when your child is not playing as much as you may hope or at the level you believe they are capable. However, the decision must be made by the coach or coaches without undue influence from the parents. Coaches are professionals. They make decisions based on what they believe to be best for all athletes involved. Those decisions have a measure of subjectivity that you may not agree with, yet must accept. Please allow your child to enjoy the experience of athletic participation, without pressure or negative remarks about their performance. Comments to your child that questions the competence of the coaching staff or game officials will only harm your child's opportunity to grow and learn from this experience.

E. Issues not appropriate to discuss with coaches:

- ◇ Team strategy.
- ◇ Play calling.
- ◇ Playing time (asking how the student-athlete could improve his/her skills is welcome)
- ◇ Other student-athletes.

F. If you have a concern to discuss with a coach:

- ◇ Call to set up an appointment with the coach. The BHS phone number is 852-2258.
- ◇ If the coach cannot be reached, call one of the Athletic Directors at: 852-2258 x5.
- ◇ An Athletic Director will be happy to discuss the mission and purpose of the BHS athletic program and to offer suggestions on ways to best communicate your concerns with the coach.
- ◇ **Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.**

G. What a parent can do if a meeting with the coach does not resolve the concern:

- ◇ Call and set up an appointment with the Athletic Director for that sport to discuss the situation.
- ◇ The appropriate next step can be determined at this meeting.
- ◇ The Athletic Director will not discuss playing time, team selection or what team level your child is playing (varsity, junior varsity or freshman). These topics are the responsibility of the coach and will not be overruled by an Athletic Director, or School Administrator.
- ◇ The Athletic Director can only discuss issues regarding your child and will not discuss or compare other student-athletes.

Participation in high school athletics should be an enjoyable and learning experience for the student-athlete. The behavior and attitude of the parent(s) is critical in this process. Years from now, you will care deeply about your grown child's health, and happiness – but you will care very little about how many points they scored in a ballgame, meet or match. Please help us to teach the important lessons that come from playing high school sports. These experiences can make a positive impact on their ability to handle the tremendous challenges of life.

Great teams have players, coaches and parents pulling together toward a common goal. Thank you for trusting us to do our part!



BROWNSBURG HIGH SCHOOL ATHLETIC DEPARTMENT

Student Application for Athletic Participation

I hereby certify that I have read the Brownsburg High School *Student Athlete Handbook* and understand eligibility and conduct guidelines as printed and make application for permission to participate in the interscholastic athletic program which is sponsored by the Brownsburg Community School Corporation and the Indiana High School Athletic Association (IHSAA).

I acknowledge that student-athletes at Brownsburg High School are role models to their peers and to younger students in our community and accept that awesome responsibility. I understand that participation in high school sports is a privilege, not a right and in order to be eligible for participation I must comply with all requirements as stated in the Brownsburg High School *Student-Athlete Handbook*.

Please complete the following:

Athlete's First Name: _____ Last Name: _____

Date of Birth: _____ Home Phone: _____

Street Address: _____

City: _____ Zip Code: _____

X Student Signature: _____ Date: _____

X Parent/Guardian Signature: _____ Date: _____

Notice of Disclosure

In compliance with membership requirements of the IHSAA, Inc., and as a condition to your child's athletic participation in an IHSAA recognized sport, this school shall make available to the IHSAA, in the event of an investigation, complete detailed financial (athletic or otherwise), scholastic and attendance records of this school. Records which are available to the IHSAA include those which related to or concern your child/ward, and include information which has been provided in the course of your application for student aid. Reasonable steps will be taken by the IHSAA to maintain the confidentiality of the records provided.

I HEREBY CONSENT TO THE DISCLOSURE OF FINANCIAL (ATHLETIC AND OTHERWISE), SCHOLASTIC AND ATTENDANCE RECORDS OF THE SCHOOL, INCLUDING THOSE RECORDS WHICH MAY RELATE TO OR CONCERN MY CHILD.

X Parent/Guardian Signature: _____ Date: _____

X Parent/Guardian Signature: _____ Date: _____

BROWNSBURG HIGH SCHOOL ATHLETIC DEPARTMENT

Parent Consent to Play

A. In accordance with the rules of the IHSAA, I hereby give consent for my son/daughter to participate in the following interscholastic sports:

Athlete's Name – **please print**

Girls' Sports	Boys' Sports
Basketball	Baseball
Cross Country	Basketball
Golf	Cross Country
Soccer	Football
Softball	Golf
Swimming	Soccer
Tennis	Swimming
Track	Tennis
Volleyball	Track
Cheerleading (Not an IHSAA sport.)	Wrestling

- B. I understand that participation may necessitate travel and dismissal from classes.
- C. I acknowledge that the participant is assuming a certain risk of being injured; that even with the best coaching, use of the most advanced protective equipment and strict observance of rules injuries are still a possibility in organized athletics. On rare occasions, these injuries can be so severe as to result in total disability, paralysis or even death.
- D. I agree to encourage and assist my/our son/daughter to abide by those training and conduct rules established by the IHSAA, by Brownsburg Community School Corporation, by Brownsburg High School and by the coach.
- E. Please check the appropriate space(s) **MUST CHECK AT LEAST ONE:**

_____ He/She has school student accident insurance.
 _____ He/She has family insurance. Name of insurance company: _____.

- F. Parent(s)/Guardian(s) and athletes are encouraged and expected to read and become familiar with those items of information included in the Brownsburg High School *Student Athlete Handbook*. A signature at the bottom of this form indicates the following:
 1. Permission for your son/daughter to participate in the interscholastic sports not marked out.
 2. An awareness of the school's policies relative to:
 - a. injuries
 - b. expenses
 - c. insurance
 - d. academics
 - e. training and conduct rules
 - f. disciplinary codes
 - g. awards
 - h. random drug testing program
 - i. other Brownsburg High School *Student Athlete Handbook* items

X Parent/Guardian Signature: _____ Date: _____

BROWNSBURG HIGH SCHOOL ATHLETIC DEPARTMENT

Medical Emergency Form

(**MUST** complete this form for each sport each year.)

Athlete's Name

Grade

Date of Birth

Sport

Father/Guardian

Mother/Guardian

Name

Name

Home Phone

Business Phone

Home Phone

Business Phone

Pager

Cell Phone

Pager

Cell Phone

ALTERNATE CONTACT

ALTERNATE CONTACT

Name

Name

Home Phone

Business Phone

Home Phone

Business Phone

Pager

Cell Phone

Pager

Cell Phone

If emergency treatment is required, may the school authorities use their judgment in sending the athlete to the hospital or doctor most easily accessible if parents/guardians cannot be contacted?

___ Yes

___ No

Does the athlete have any special medical problems or allergic reaction to medications?

___ Yes

___ No

If yes, please explain below (use back of page if necessary):

X Parent/Guardian Signature: _____ Date: _____